

A Report on
Teacher – Student - Counselling by
Dr. Prathyusha Subbarao, Famous Psychologist.
For I B. Tech Students
on 06.04.2024



Report submitted by Dr. K. Chandra Mohan, I B. Tech Coordinator

Report Received on 12.04.2024

Resource Person Details: Dr. Pratyusha Subba Rao, Famous Psychologist.

Mode of Conduct: Offline

Madanapalle Institute of Technology & Science, Madanapalle organized a ‘TEACHER – STUDENT - COUNSELING’ session to the faculty who are handling I B. Tech classes.

in the auditorium of MITS, the program was started by Mr. Purushotham, Assistant Professor in English with formal introduction of the program at 2.00 p.m. Saturday 06th April 2024. Dr. Chandramohan, First B. Tech Coordinator addressed the gathering and mentioned that the program is organised with the guidance of the principal sir and utilise this opportunity to tune and help the student through right counselling. Dr. Chandramohan mentioned that he was inspired with Dr. Subbarao lectures and hence, he invited Dr. Pratyusha to get help for all the faculty and students. The famous soft skills trainer Dr. Pratyusha Subba Rao was the chief guest for this program. Dr. Prathyusha Subbarao was introduced by Dr. Sriganesh, Assistant Professor of English and handed over the session to the chief guest.

In this program, he informed that the attitude of the student can be changed through the counselling only and the proper counselling can be given by the teacher more efficiently. To give the counselling to the student, the teacher must be with adult psychology which means the person is able to accept the things logically and scientifically but not with the child psychology or parental psychology. He suggested the faculty members to achieve adult psychology through practice and understanding.

He explained about empathetic to the students which will made closeness of student and teacher and suggested the teacher to be empathetic. He mentioned that always we should try to release happy hormones DOSE (Dopamine – Oxytocin – Serotonin – Endorphin) hormones in the student, which promote happiness and pleasure while reducing depression and anxiety. He has given the confidence in the faculty that they can give these feel-good hormones a natural boost with some simple activities.



The entire session gone with awakening and introspective to the faculty members.

All Faculty and First B. Tech coordinator conveyed their gratitude to the Principal and Management for the constant support to conduct this program.