

**A Report on "Re-Programing of mind for I B. Tech Students"  
by Dr. Prathyusha Subbarao, Famous Psychologist  
on 06.04.2024**



**Report submitted by: Dr. K. Chandra Mohan, I B. Tech Coordinator**

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**Resource Person Details: Dr. Pratyusha Subba Rao, Famous Psychologist.**

**Mode of Conduct: Offline**

Madanapalle Institute of Technology & Science, Madanapalle organized an awareness program on 'RE-PROGRAMMING OF MIND' for first year engineering students.

The program was started sharply by 11.30 a.m. with formal introduction of the program by Mr. Purushotham. Dr. Chandramohan, I B. Tech Coordinator presented key notes of the program and instructed the students to utilize the opportunity. Dr. Ramanathan P, Vice-Principal Academics appreciated the I B Tech Coordinators for their initiation to conduct the program and encouraged the students to use the chance.

The famous soft skills trainer Dr. Pratyusha Subba Rao was the chief guest for this program. Dr. Prathyusha Subbarao was introduced by Dr. Sriganesh, Assistant Professor of English and handed over the session to the chief guest.

In this program, he informed that lots of research has been done so far on our brain, new things keep coming to light and it is very interesting to know about our brain. He said that it is as difficult to know about this infinite universe as it is to know about the human brain. Our brain is like a memory chip, its capacity to store data is unlimited.

He told that our way of thinking is very important in every matter, and we should think positively. He said that thought process affects one's destiny, and status and everyone should ensure that their mind set is positive thinking. Studies have shown that the way we think determines everything in our life, for example, a person who is often irritable, not only he is depressed, but also can depress the people around him. Similarly, it is said that a person who always works smartly cheers up everyone around him. He advised everyone to choose a positive way of thinking that helps them overcome their emotions and stress and live peacefully.

He stressed the importance of self-motivation towards the goal and Goal setting is utmost important. If set the goal clearly, If you are ready to work towards the goal, no one can stop you and poorness, family back grounds, humiliations etc., also will not influence. He has given true stories of some of the civils toppers Muthyala Raju, Ira Singhal, Etc.,



Dr Prathyusha Subbarao was felicitated by Dr. Ramanathan P, Dr. Chandramohan, (I B. Tech Coordinator) Dr. Subbarao A, (Addl. I B. Tech Coordinator), Dr. Ramesh Reddy (HoD - Mathematics), Dr. Chandra Sekhar M, (HoD - Physics).

Dr. Renjith Bhaskaran, (HoD - Chemistry), Dr. Ramesh Reddy (HoD - Mathematics), Dr. Chandra Sekhar M, (HoD - Physics), All the faculty members from the Departments of Mathematics, Physics, Chemistry, and English assisted in maintaining discipline in the Auditorium.

Students and faculty conveyed their gratitude to the Principal and Management for the constant support to conduct the program.