## MADANAPALLE INSTITUTE OF TECHNOLOGY & SCIENCE

**(UGC - AUTONOMOUS)** 

### **Report on**

## Motivation & Personality Development Programme 2-4 April 2018



Submitted by: Dr. M.Sudhakar Reddy, I B.Tech Coordinator

The programme was organized by Industry Institute Interaction Cell during 2- 4 April 2018 under TEQIP-II. Resource Person:

Mr. Sudheer Kumar Sandra, Consultant Trainer, Psychologist and Motivation Speaker

#### Objective:

The main objective of the programme was to:

- familiarize participants with the emerging ideas and trends on how to develop personality in the 21<sup>st</sup> century;
- make students understand the meaning of life and work in the present context;
- enhance communication skills and interpersonal skills in order to function in professional and social settings effectively;
- enrich the academic language skills; and
- sensitize effective planning, time management and implementation for achieving personal and professional goals.

#### Outcomes:

At the end of one-day workshop, the participating student will be able to:

Understand Motivation concepts in present scenario.

- Learn to evaluate oneself for further growth, personally and professionally.
- Improve 21<sup>st</sup> Century living skills.
- Develop thinking skills and good attitude.

#### **Inaugural Session:**

The inaugural session started in ME Seminar hall. Dr. C.Yuvaraj- Principal, - Dr.Ch. Ramaprasad Rao- Dean IIIC Dr. M. Sudhakar Reddy- I B.Tech Coordinator and Mr. S. Sudheer Kumar- the resource person of the programme were present on the dais and inaugurated the programme. Our faculty from various departments and I B.Tech. students attended the programme. Dean IIIC Dr.Ch. Ramaprasad Rao gave the opening remarks about the theme of the programme, detailed schedule of the program and expertise of the resource person. Principal Dr. C.Yuvaraj emphasized the importance of *Personality Development Programme* and inspired the

students to improve their communication skills as well as academic skills. The resource person delivered the inaugural speech. He stressed upon the importance of this programme. Dr. K. Lakshmi Devi – Asst. Professor of English proposed a vote of thanks.

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### Workshop sessions followed

Date	Time	Branch
02.04.2018 (Monday)		CSE-C
	10:10AM – 1:15 PM	ME-C
		ECE-E
02.04.2018 (Monday)	02:00PM – 05:00 PM	ME-D
		ME-A
		CSE-D
03.04.2018 (Tuesday)	10:10AM – 1:15 PM	IT
		ECE-F
		EEE-B
03.04.2018 (Tuesday)	02:00PM – 05:00 PM	ME-B
		ECE-A
		ECE-B
04.04.2018 (Wednesday)		ECE-C
	10:10AM – 1:15 PM	CIVIL
		CSE-B
04.04.2018 (Wednesday)	02:00PM – 05:00 PM	CSE-A
		EEE-A
		CSIT
		ECE-D

Resource persons Stressed on

## **Evaluating Career Goals**

- 1. Indicators of possible career paths
  - o Values
  - Aptitudes
  - o Skills
  - o Interests
  - o Hobbies
  - o Work

## Steps for Career Planning

- 1. Self -Assessment
- 1. Honestly determine talents, interests, skills, values, personality
  - 2. Career Exploration
  - 1. Investigate all career choices, options, opportunities
    - 3. Goal Setting
  - 1. Establish intermediate short range and long range goals
    - 4. Evaluation
  - 1. Periodically evaluate plan using a Time Log.