

(UGC-AUTONOMOUS)

Report on “Role of women in containing the spread of Covid-19 (An experiential deliberation)” organized by Internal Complaints Committee of MITS on 12-11- 2020



The COVID-19 pandemic and lock down has left many families with no option but to stay home and keep themselves safe. Schools have been closed, workplaces shut, and many parents are at home with their families. Dealing with quarantine is a particularly stressful experience for parents who must balance personal life, work, and raising children, being left alone without schools & colleges. This situation puts parents at a higher risk of experiencing distress, the girl students have deliberately participated in the discussion.

The girls have shared their experiences of their family and their mother’s role in keeping them safe from covid-19.

Girls expressed that how their mother helped to manage their emotions and anxiety, Children rely on their parents to provide a sense of safety and security. Mothers have empathized with them by understanding their nervousness and worried about COVID-19. By reassuring their children that illness due to COVID-19 infection is generally mild, especially for children and young adults. They also explained, that many of the symptoms of COVID-19 can be treated. she reminds us that how effectively we can protect ourselves and others safe by frequently washing their hands and by maintaining social distance.

All the girls have thanked their mother for keeping them safe from covid-19

